



**Girls Inc. of Southwestern CT
Volunteer Self-Assessment**

Name: _____ Date _____

Sex: _____ Occupation & Education: _____

My experience in working with young people:

- none some considerable

I believe that all girls are capable of learning and achieving anything they put their mind to:

- no not certain yes

I am able to speak to youth at a level appropriate to the age/developmental stage of girls:

- no to some extent definitely

The most important thing that someone did or said that helped me get to where I am today is:

Areas I am most interested in volunteering are:

The one thing I most wish to gain from this volunteer experience is:
